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## KOSOVA JOURNAL OF SURGERY

PAPERS PRESENTED AT THE FIRST CLINICAL CONGRESS OF THE KOSOVA COLLEGE OF SURGEONS SEPTEMBER 24-26, 2021



RUSSELL ANDREWS: The Importance of Surgical Care to Achieve the United
Nations Sustainable Development Goal for Healthy Lives by 2030

BELLAL JOSEPH: Breaking the Frailty Code: Emergency General Surgery in the Elderly

DEMETRIUS LITWIN: Hand-Assisted Laparoscopic Living Donor Hepatectomy

LIOR LEVY, ABASS SMILEY, RIFAT LATIFI: Independent Predictors of In-Hospital Mortality in Patients Undergoing Emergency Admission for Arterial Embolism and Thrombosis in the USA: A 10-Year National Dataset

LIOR LEVY, ABBAS SMILEY, RIFAT LATIFI: Mortality in Emergently Admitted Patients with Empyema: An Analysis of 18,033 Patients



## The First Chapter of the New Book of Kosova College of Surgeons



RIFAT LATIFI\*

The first Clinical Congress of the Kosova ■ College of Surgeons (KCS), held on September 23-26, 2021, wrote the first chapter of a short history. While it took place during trying times, when Kosova, along with the rest of the world, was fighting to defeat, and, or perhaps, learn how to live with the COVID-19 pandemic, the congress was a major success. In compliance with safety restrictions, it was held both in-person and virtually. This historical clinical congress gathered 44 international distinguished surgeons and scientists from the United States of America, Argentina, Albania, Austria, Germany, Switzerland, Qatar, Kosova, and other countries, who contributed with 60 outstanding presentation, reviewing the latest literature in surgical disciplines, discussed and debated the latest in surgical development, either virtually or in-person. Additionally, 40 podium lectures, quick shots, and eposters from local and international speakers were presented. All these abstracts are published in the preceding of the Congress. The best research podium

papers, quick shots, and e-posters were selected by the scientific committee and awarded. Remarkably, it was not only the scientific contribution of local surgeons, residents, medical students, and major international speakers that made the first Clinical Congress so successful. There were other important achievements that deserve to be highlighted.

1. The first congress brought together, both live and virtually, 650 participants. Of these, 400 were the first fellows of the KCS, who publicly took the oath of membership.





Prof. Sadri Prof. Besim Elezi Bajraktari

Prof. Dr. Sami Haxhibeqiri

- 2. The KCS awarded the first "Prof. Dr. Sami Haxhibeqiri Lifetime Achieving Award" to two outstanding surgeons, Prof. Besim Elezi (Albania), and Prof. Sadri Bajraktari (Kosova), for their life-time outstanding contribution to the science, practice, and advancement of surgery in Kosova.
- 3. In addition, the KCS awarded Honorary Fellowship to the following distinguished international surgeons from the United State of America, Argentina, Austria, and Greece for their outstanding contribution to the Kosova College of Surgeons, either directly or indirectly.

<sup>\*</sup>Arthur M Schlesinger, J. A Thousand Days. John F Kennedy in the White House, Houghton Mifflin Company, Boston. The Riverside Press, Cambridge, 1965







Stanley J. Dudrick



Alberto Ferreres



David Hoyt



Demetrius E. M. Litwin



Ronald Merrell



Carlos A. Pellegrini



Rao Ivatury

- 4. The first meeting was co-organized with the Kosova Chamber of Doctors, a partnership, which will surely continue for many years to come. Dr. Antigona Hasani led the pre-congress workshop on "Difficult Airway for Anesthesiologists and Surgeons" with speakers from many countries.
  - 5. The main objectives of this congress were those



Selman Uranues



Georgios Tsoulfas

same objectives for which the KCS has been founded: to improve the education of surgeons in order to provide the highest quality of care for the surgical patient by setting the highest standards for surgical education and practice. For this, we invited some of the leading experts in various surgical disciplines from around the world to share their expertise, knowledge and "how-to-do-it". Fourteen among their papers have been selected for this issue of our Journal on trauma systems (M. Ahmeti and G. Fraga), advances in trauma resuscitation (B. Joseph), thoracic trauma (P. Rhee), pelvic fractures (D. Asprinio), geriatrics (B. Joseph, K. Prabhakaran et al,), advanced laparoscopy (D. Litwin, A. Ferreras), global surgery and access to care (R. Andrews), lung malignancy (F. Gradica) and retinal transplantation (Xh. Lumi).

Two original papers worth noting are by L. Levy, A. Smiley & R. Latifi on analyses of major US databases.

While the organizational work for this congress was impressive, since held during such difficult and unprecedented times, we look forward to our next Clinical Congress on September 15-18, 2022, and hope that it will be even better and fully in-person. The future of the Kosova College of Surgeons is bright and secure. 100 years from now, the historians of the Kosova College of Surgeons will remember this remarkable day and will memorialize that KCS was created from the desperation to increase the quality of surgical care and the need to improve the knowledge of surgeons, similar to founding of the American College of Surgeons in 1913.

Enjoy reading this superb issue of Kosova Journal of Surgery!

\*The author is the Editor-in Chief of Kosova Journal of Surgery and President of Kosova College of Surgeons. As of November 16, 2021, he has been named the Minister of Health of Kosova, by Prime Minister Mr. Albin Kurti.